

**Athletics SA 2013-2014 - 1/10/2013 to 30/04/2014**  
**Interclub 18-01-2014**  
**SA Athletic Stadium Mile End SA**  
**Results**

**W13&U 100 Metre**

Name	Age	Team	Finals	Wind	H#
Finals					
1 Erin Chalmers		W TEA TREE GULLY	13.49	3.4	5
1 Niamh Connelly		W PORT ADELAIDE	13.49	3.4	5
3 Jacqueline Thring		W SALISBURY	13.61	1.6	3
4 Briana Heinjus		W PORT ADELAIDE	13.64	1.6	3
5 Lauren Payne		W WESTERN DISTRICT	13.65	1.6	3
6 Telopia Kailis-Phillips		W ADELAIDE HARRIERS	13.75	2.0	4
7 Alexandra Philis		W WESTERN DISTRICT	13.81	2.0	4
8 Maddison Brougham		W SOUTHERN	14.04	2.0	4
9 Sakura Tatewaki		W WESTERN DISTRICT	14.25	3.4	5
10 Sophie Yeates		W HILLS DISTRICT	14.55	1.7	6
11 Rachel Etherington		W UNITED COLLEGIANS	14.71	3.4	5
12 Brooklyn Morgan		W PEMBROKE	15.61	1.7	6
13 Zoe Wilmshurst		W SAINTS	15.79	1.7	6

**W14-15 100 Metre**

Name	Age	Team	Finals	Wind	H#
1 Victoria Thorpe		W WESTERN DISTRICT	13.07	2.0	2
2 Keely Hutchins		W SAINTS	13.14	1.7	1
3 Brianna Fuller		W SALISBURY	13.23	1.6	3
4 Sarah Chigwidden		W WESTERN DISTRICT	13.53	2.0	2
5 Gemma Monaghan		W SAINTS	13.65	2.0	4
5 Janeth Golding		W WESTERN DISTRICT	13.65	2.0	4
7 Sarah McLeod		W WESTERN DISTRICT	14.81	1.7	6

**W16-17 100 Metre**

Name	Age	Team	Finals	Wind	H#
1 Lucy Fitzgerald		W PEMBROKE	12.24	1.7	1
2 Moa Engstrom		W WESTERN DISTRICT	12.47	1.7	1
3 Christine Gayen		W PEMBROKE	13.11	1.7	1
4 Erin Simister		W WESTERN DISTRICT	13.21	2.0	2
5 Taylor Hand		W SALISBURY	13.22	2.0	2
6 Breanna Doorne		W ADELAIDE HARRIERS	13.80	3.4	5
7 Elisabeth Jackson		W UNITED COLLEGIANS	13.86	2.0	2
8 Karissa Kendall		W ENFIELD HARRIERS	14.09	3.4	5
9 Sophie Patton		W WESTERN DISTRICT	17.55	1.7	6

**W18-34 100 Metre**

Name	Age	Team	Finals	Wind	H#
1 Margaret Gayen		W PEMBROKE	11.89	1.7	1
2 Leanne Hodge		W WESTERN DISTRICT	12.45	1.7	1
3 Emma Goreham		W SAINTS	12.65	2.0	2
4 Hayley Orman		W ATHLETICS SA	12.80	1.7	1
5 Haylee Wilson		W SAINTS	12.85	2.0	2
6 Kelly Heintze		W ENFIELD HARRIERS	12.95	1.7	1
7 Kathryn Sara		W WESTERN DISTRICT	13.19	1.6	3
8 Francesca Gregorio		W PEMBROKE	13.28	2.0	2
9 Amy Robb		W ATHLETICS SA	13.48	1.6	3
10 Rebecca Sara		W WESTERN DISTRICT	13.62	2.0	4
11 Yuki Hirose		W PEMBROKE	13.90	1.6	3
12 Amie Blanden		W SALISBURY	14.01	2.0	4
13 Kahlia Grieger		W ENFIELD HARRIERS	14.72	3.4	5

**W35+ 100 Metre**

Name	Age Team	Finals	Wind	H#
1 Cassie Neubauer	W TEA TREE GULLY	13.67	1.6	3
2 Sarah Chinner	W HILLS DISTRICT	14.96	1.7	6
3 Cherie Rothery	W HILLS DISTRICT	16.00	1.7	6

**W13&U 300 Metre**

Name	Age Team	Finals	H#
1 Niamh Connelly	W PORT ADELAIDE	44.34	2
2 Lauren Payne	W WESTERN DISTRICT	44.97	1
3 Erin Chalmers	W TEA TREE GULLY	45.33	1
4 Jacqueline Thring	W SALISBURY	46.37	1
5 Sophie Yeates	W HILLS DISTRICT	50.96	3
6 Rachel Etherington	W UNITED COLLEGIANS	52.21	3
7 Maddison Brougham	W SOUTHERN	53.28	2

**W14-15 300 Metre**

Name	Age Team	Finals	H#
1 Keely Hutchins	W SAINTS	44.37	1
2 Sarah Chigwidden	W WESTERN DISTRICT	44.66	4
3 Gemma Monaghan	W SAINTS	45.47	3

**W16-17 300 Metre**

Name	Age Team	Finals	H#
1 Breanna Doorne	W ADELAIDE HARRIERS	45.37	4
2 Taylor Hand	W SALISBURY	46.81	2
3 Karissa Kendall	W ENFIELD HARRIERS	46.97	2

**W18-34 300 Metre**

Name	Age Team	Finals	H#
1 Leanne Hodge	W WESTERN DISTRICT	40.88	1
2 Haylee Wilson	W SAINTS	41.54	1
3 Emma Goreham	W SAINTS	42.08	1
4 Amy Robb	W ATHLETICS SA	42.27	2
5 Hayley Orman	W ATHLETICS SA	42.30	2
6 Margaret Gayen	W PEMBROKE	43.03	4
7 Kathryn Sara	W WESTERN DISTRICT	44.10	1
8 Jana Tankosic	W SAINTS	45.29	2
9 Rebecca Sara	W WESTERN DISTRICT	45.92	3
10 Amie Blanden	W SALISBURY	47.46	4
11 Erin Randall	W SOUTHERN	49.38	3

**W35+ 300 Metre**

Name	Age Team	Finals	H#
1 Sarah Chinner	W HILLS DISTRICT	47.92	2
2 Cherie Rothery	W HILLS DISTRICT	51.67	3
3 Linda Whitelaw	W ENFIELD HARRIERS	1:25.84	4

**W13&U 800 Metre Run**

Name	Age Team	Finals	H#
1 Natassia Messent	W WESTERN DISTRICT	2:36.54	1
2 Maddison Brougham	W SOUTHERN	3:00.93	2
3 Jemimah Simpson	W PEMBROKE	3:02.54	2
4 Brooklyn Morgan	W PEMBROKE	3:05.68	2

**W14-15 800 Metre Run**

Name	Age Team	Finals	H#
1 Chanel Caruso	W UNITED COLLEGIANS	2:55.92	1
2 Taloulah Solito	W WESTERN DISTRICT	3:15.47	2

**W16-17 800 Metre Run**

Name	Age Team	Finals
1 Shae Grieger	W ENFIELD HARRIERS	2:25.55
2 Amy Marin	W UNITED COLLEGIANS	2:38.98
3 Kaya Piotrowski	W UNITED COLLEGIANS	2:41.69

**W18-34 800 Metre Run**

Name	Age Team	Finals
1 Erin Randall	W SOUTHERN	2:35.77

**W35+ 800 Metre Run**

Name	Age Team	Finals	H#
1 Sarah Chinner	W HILLS DISTRICT	2:41.20	2

**W14-15 1500 Metre Run**

Name	Age Team	Finals
1 Gemma Plummer	W FLINDERS	4:32.63

**....W14-15 1500 Metre Run**

2 Jenna Kelley	W HILLS DISTRICT	5:09.34
3 Chanel Caruso	W UNITED COLLEGIANS	6:02.55

**W16-17 1500 Metre Run**

Name	Age Team	Finals
1 Tessa Coleman	W ENFIELD HARRIERS	5:26.47
2 Amy Marin	W UNITED COLLEGIANS	5:52.47

**W18-34 1500 Metre Run**

Name	Age Team	Finals
1 Tara Palm	W SAINTS	4:24.97
2 Paige Graham	W HILLS DISTRICT	4:31.44
3 Isobel Batt-Doyle	W HILLS DISTRICT	4:40.94
4 Emily Hyde	W SAINTS	5:17.07

**W35+ 1500 Metre Run**

Name	Age Team	Finals
1 Linda Whitelaw	W ENFIELD HARRIERS	8:43.99

**W16-17 5000 Metre Run**

Name	Age Team	Finals
1 Caitlin Adams	W HILLS DISTRICT	18:43.19

**W18-34 5000 Metre Run**

Name	Age Team	Finals
1 Jessica Trengove	W HILLS DISTRICT	16:31.62

**W35+ 5000 Metre Run**

Name	Age Team	Finals
1 Lisa Davis	W HILLS DISTRICT	18:49.68

**W16-17 400 Long Hurdles 76cm [0H]**

Name	Age Team	Finals
1 Melissa Hirschausen	W WESTERN DISTRICT	70.26
2 Taylor Hand	W SALISBURY	70.79
3 Karissa Kendall	W ENFIELD HARRIERS	73.15

**W16-17 1000 Sprint Medley Under 18**

Team	Finals
1 UNITED COLLEGIANS 'A' 3) Elisabeth Jackson 16	2:56.51 4) Amy Marin 16

**W18-34 1000 Sprint Medley Under 20**

Team	Finals
1 SAINTS 'A' 3) Haylee Wilson 20	2:26.34 4) Emma Goreham 23
2 WESTERN DISTRICT 'A' 3) Rebecca Sara 19	2:34.66 4) Kathryn Sara 19
3 ENFIELD HARRIERS 'A' 1)	2:42.23 2) Kahlia Grieger 21

**W14-15 High Jump**

Name	Age Team	Finals
1 Niamh Morgan	W WESTERN DISTRICT	1.45m
1 Kate Jager	W PORT ADELAIDE	1.45m

**W16-17 High Jump**

Name	Age Team	Finals
1 Breanna Doorne	W ADELAIDE HARRIERS	1.55m
1 Marcelle Houtman	W SAINTS	1.40m
2 Niamh Henry	W WESTERN DISTRICT	1.45m
2 Christine Gayen	W PEMBROKE	1.45m

**W18-34 High Jump**

Name	Age Team	Finals
1 Yuki Hirose	W PEMBROKE	1.45m

**W13&U Pole Vault**

Name	Age Team	Finals
1 Maddison Brougham	W SOUTHERN	1.70m

**W16-17 Pole Vault**

Name	Age Team	Finals
1 Kaya Piotrowski	W UNITED COLLEGIANS	2.50m

**W18-34 Pole Vault**

Name	Age	Team	Finals
1 Jamie Scroop		W PORT ADELAIDE	3.90m
2 Anne Rees		W SAINTS	3.30m
-- Jana Tankosic		W SAINTS	NH
-- Naomi Princi		W ADELAIDE HARRIERS	NH

**W13&U Long Jump**

Name	Age	Team	Finals	Wind
1 Telopia Kailis-Phillips		W ADELAIDE HARRIERS	4.60m	3.1
2 Hiromi Hill		W WESTERN DISTRICT	4.39m	2.0
3 Jacqueline Thring		W SALISBURY	4.32m	2.4
3 Alexandra Philis		W WESTERN DISTRICT	4.32m	2.0
5 Briana Heinjus		W PORT ADELAIDE	4.31m	2.1
6 Sophie Yeates		W HILLS DISTRICT	3.90m	1.5
7 Zoe Wilmshurst		W SAINTS	3.43m	3.0

**W14-15 Long Jump**

Name	Age	Team	Finals	Wind
1 Niamh Morgan		W WESTERN DISTRICT	4.38m	1.1
2 Janeth Golding		W WESTERN DISTRICT	4.21m	2.0

**W16-17 Long Jump**

Name	Age	Team	Finals	Wind
1 Rebecca Burat		W PEMBROKE	4.75m	3.6
2 Breanna Doorne		W ADELAIDE HARRIERS	4.65m	1.8
3 Sophie Patton		W WESTERN DISTRICT	2.93m	3.7

**W18-34 Long Jump**

Name	Age	Team	Finals	Wind
1 Margaret Gayen		W PEMBROKE	6.62m	1.8
2 Amie Blanden		W SALISBURY	5.10m	1.1

**W35+ Long Jump**

Name	Age	Team	Finals	Wind
1 Cassie Neubauer		W TEA TREE GULLY	4.41m	2.3

**W13&U Triple Jump**

Name	Age	Team	Finals	Wind
1 Hiromi Hill		W WESTERN DISTRICT	9.95m	2.6

**W14-15 Triple Jump**

Name	Age	Team	Finals	Wind
-- Niamh Morgan		W WESTERN DISTRICT	ND	NWI

**W16-17 Triple Jump**

Name	Age	Team	Finals	Wind
1 Erin Simister		W WESTERN DISTRICT	11.30m	1.5
2 Amy Beecham		W WESTERN DISTRICT	10.55m	0.1
3 Marcelle Houtman		W SAINTS	9.62m	1.3
-- Rebecca Burat		W PEMBROKE	ND	NWI

-- Kizzy Grice

W SOUTHERN

ND NWI

**W18-34 Triple Jump**

Name	Age Team	Finals	Wind
1 Ellie Meich	W WESTERN DISTRICT	11.28m	0.8

**W13&U Shot Put Under 14-3kg**

Name	Age Team	Finals
1 Brittany May	W SALISBURY	9.24m
2 Jessica Mills	W ENFIELD HARRIERS	7.77m
3 Brooklyn Morgan	W PEMBROKE	5.95m
4 Lauren Smith	W ENFIELD HARRIERS	5.80m
5 Zoe Wilmshurst	W SAINTS	5.31m

**W14-15 Shot Put Under 16-3kg**

Name	Age Team	Finals
1 Nikki Thompson	W SALISBURY	11.64m
2 Janeth Golding	W WESTERN DISTRICT	7.16m
-- Luisa-Maria Felise	W SALISBURY	ND

**W16-17 Shot Put Under 18-3kg**

Name	Age Team	Finals
1 Elisabeth Jackson	W UNITED COLLEGIANS	12.18m
2 Luisa-Maria Felise	W SALISBURY	11.44m
3 Christine Gayen	W PEMBROKE	9.02m
4 Karissa Kendall	W ENFIELD HARRIERS	7.85m

**W18-34 Shot Put Open-4kg**

Name	Age Team	Finals
1 Mary Lange	W HILLS DISTRICT	12.38m
2 Jess Wedd	W SALISBURY	10.95m
3 Amie Blanden	W SALISBURY	10.69m
4 Yuki Hirose	W PEMBROKE	9.26m
5 Fleur Woodhouse	W MASTERS	5.06m

**W13&U Discus Throw Under 14-1kg**

Name	Age Team	Finals
1 Jessica Mills	W ENFIELD HARRIERS	28.06m
2 Brittany May	W SALISBURY	25.70m
3 Zoe Wilmshurst	W SAINTS	17.90m
4 Lauren Smith	W ENFIELD HARRIERS	16.54m

**W14-15 Discus Throw Under 16-1kg**

Name	Age Team	Finals
1 Nikki Thompson	W SALISBURY	36.04m
-- Morgan Blackwell	W SOUTHERN	ND

**W16-17 Discus Throw Under 18-1kg**

Name	Age Team	Finals
1 Elisabeth Jackson	W UNITED COLLEGIANS	35.53m

**W18-34 Discus Throw Open-1kg**

Name	Age Team	Finals
1 Jess Wedd	W SALISBURY	43.92m
2 Mary Lange	W HILLS DISTRICT	31.15m
3 Cherie Rothery	W HILLS DISTRICT	28.98m
4 Fleur Woodhouse	W MASTERS	12.58m

**W14-15 Hammer Throw Under 16-3kg**

Name	Age Team	Finals
1 Jessica Mills	W ENFIELD HARRIERS	35.51m
2 Nikki Thompson	W SALISBURY	32.20m
3 Brittany May	W SALISBURY	17.30m

**W18-34 Hammer Throw Under 20-4kg**

Name	Age Team	Finals
1 Jess Wedd	W SALISBURY	40.81m
2 Mary Lange	W HILLS DISTRICT	30.71m

**W35+ Hammer Throw Over 35-3kg**

Name	Age Team	Finals
1 Angela Princi	W WESTERN DISTRICT	18.72m
2 Annette Williams	W PORT ADELAIDE	13.35m

**W13&U 2000 Metre Race Walk**

Name	Age Team	Finals
1 Rhiannon Lovegrove	W PORT ADELAIDE	10:59.18

**W16-17 2000 Metre Race Walk**

Name	Age Team	Finals
1 Jemma Potezny	W HILLS DISTRICT	9:45.44
2 Danielle Walsh	W PORT ADELAIDE	10:48.59
2 Samantha Findlay	W SOUTHERN	11:36.37

**W35+ 2000 Metre Race Walk**

Name	Age Team	Finals
1 Marie Maxted	W MASTERS	12:42.83

**M13&U 100 Metre**

Name	Age Team	Finals	Wind	H#
1 Louis Bendo	M SAINTS	12.21	2.0	5
2 Bradley Thring	M SALISBURY	14.48	2.6	8

**M14-15 100 Metre**

Name	Age Team	Finals	Wind	H#
1 lewis abdul	M ADELAIDE HARRIERS	11.89	2.1	4
2 Jackson Potter	M SAINTS	11.93	2.1	4
2 Alex Condello	M SAINTS	11.93	2.6	2
4 Jacob Schlein	M SAINTS	11.98	2.6	8
5 Tomas Semmler	M ENFIELD HARRIERS	12.07	2.1	4
6 Louis Britten-Jones	M UNITED COLLEGIANS	12.28	2.0	1

7	Shantan De Silva	M WESTERN DISTRICT	12.32	2.0	5
8	Gabriel Auciello	M SAINTS	12.45	2.1	4

### M16-17 100 Metre

Name	Age	Team	Finals	Wind	H#
1	Kofi Gyamfi	M SAINTS	11.39	2.6	2
2	Benjamin McLeod	M WESTERN DISTRICT	11.40	2.6	2
3	Ben Syrus	M ATHLETICS SA	11.44	2.8	3
4	Liam Moss	M PEMBROKE	11.45	2.8	3
5	Ryan Atkins	M PORT ADELAIDE	11.55	2.1	4
7	Joshua Mcloughney	M WESTERN DISTRICT	11.74	2.8	3
8	Alex Brumby	M PORT ADELAIDE	11.83	2.8	3
9	Patrick Marshall	M WESTERN DISTRICT	12.03	3.0	6
10	Cam Rudge	M SALISBURY	12.04	2.1	4
11	Ben Slimming	M SAINTS	12.16	2.0	5
12	Sam Paech	M HILLS DISTRICT	16.33	2.6	8

### M18-34 100 Metre

Name	Age	Team	Finals	Wind	H#
1	Clay Watkins	M WESTERN DISTRICT	10.77	2.0	1
2	Alex Bubner	M SAINTS	10.87	2.0	1
3	Michael Brusnahan	M SAINTS	11.05	2.0	1
4	Frankie Schinella	M SAINTS	11.12	2.6	2
4	Jake Jervis-Bardy	M PEMBROKE	11.12	2.0	1
6	Lachlan Sheffield	M PORT ADELAIDE	11.22	2.6	2
7	D Hicks	M PEMBROKE	11.23	2.0	1
8	Alexander Mammone	M SOUTHERN	11.55	2.8	3
9	Golden Gepp	M SAINTS	11.61	2.6	2
10	Samuel Chalmers	M WESTERN DISTRICT	11.82	2.8	3
10	James Lanthois	M SAINTS	11.82	2.0	5
12	Nathan Woods	M WESTERN DISTRICT	11.91	2.8	3
12	Matthew Sinclair	M TEA TREE GULLY	11.91	2.0	5
14	Misha Lizoguboff	M WESTERN DISTRICT	11.93	2.1	4
15	Andre Ortiz	M ADELAIDE HARRIERS	12.36	2.0	1
16	Paul Leikas	M PORT ADELAIDE	12.64	3.0	6
17	Nikolaos Flabouris	M SAINTS	12.83	3.0	6
18	Liam Sanders	M SALISBURY	12.92	3.0	6
19	Alexander Coventry	M PEMBROKE	13.08	NWI	7
20	Sean Roberts	M TEA TREE GULLY	13.14	NWI	7
21	Shidharth Narayan	M ENFIELD HARRIERS	13.56	3.0	6

### M35+ 100 Metre

Name	Age	Team	Finals	Wind	H#
1	David Miller	M WESTERN DISTRICT	11.97	2.0	5
2	Ali Saliu	M SOUTHERN	12.30	2.0	5
3	Chris Lauder	M SAINTS	12.68	2.1	4
4	Aaron Bell	M ADELAIDE HARRIERS	12.93	3.0	6
5	Maurice Schievenin	M WESTERN DISTRICT	13.35	NWI	7
6	Mostyn Kemp	M SAINTS	13.64	NWI	7
7	Michael Eaton	M SAINTS	14.64	NWI	7
8	Stanley Miller	M PORT ADELAIDE	15.97	2.6	8
9	Kym Miller	M ENFIELD HARRIERS	17.66	NWI	7

### M13&U 300 Metre

Name	Age	Team	Finals	H#
1	Louis Bendo	M SAINTS	41.31	2
2	Harrison Evans	M SOUTHERN	47.18	4
3	Jared McDougall	M SOUTHERN	48.21	5
4	Bradley Thring	M SALISBURY	48.93	4



**M14-15 300 Metre**

Name	Age Team	Finals	H#
1 Lewis Abdul	M PORT ADELAIDE	38.25	5
2 Shantan De Silva	M WESTERN DISTRICT	43.54	3

**M16-17 300 Metre**

Name	Age Team	Finals	H#
1 Liam Moss	M PEMBROKE	38.00	5
2 Joshua Mcloughney	M WESTERN DISTRICT	38.01	1
3 Cam Rudge	M SALISBURY	38.27	3
4 Alex Brumby	M PORT ADELAIDE	40.23	2
5 Benjamin McLeod	M WESTERN DISTRICT	40.70	3
6 Dion De Palma	M SAINTS	41.93	3
7 Sam Paech	M HILLS DISTRICT	58.45	4

**M18-34 300 Metre**

Name	Age Team	Finals	H#
1 Wallace Long-Scafidi	M FLINDERS	35.08	1
2 Jack Harvey	M SAINTS	35.52	1
3 Frankie Schinella	M SAINTS	36.05	4
4 Sam Russell	M SALISBURY	36.17	1
5 Damian Tohl	M FLINDERS	36.25	1
6 Samuel Chalmers	M WESTERN DISTRICT	36.57	1
7 Jake Jervis-Bardy	M PEMBROKE	36.64	1
8 Michael Brusnahan	M SAINTS	37.01	2
9 Matthew Sinclair	M TEA TREE GULLY	37.91	2
10 Blake Steele	M TEA TREE GULLY	38.00	3
11 D Hicks	M PEMBROKE	38.02	2
12 Alexander Mammone	M SOUTHERN	38.55	2
13 Misha Lizoguboff	M WESTERN DISTRICT	38.89	2
14 Nathan Woods	M WESTERN DISTRICT	39.06	2
15 Elliot Ben	M UNITED COLLEGIANS	39.67	2
16 Alex Haydon	M SALISBURY	41.70	3
17 Nikolaos Flabouris	M SAINTS	41.95	3
18 Liam Sanders	M SALISBURY	44.16	5

**M35+ 300 Metre**

Name	Age Team	Finals	H#
1 Chris Lauder	M SAINTS	43.05	4
2 Mostyn Kemp	M SAINTS	44.40	3
3 Michael Eaton	M SAINTS	45.30	3
4 Hans van Bavel	M SAINTS	46.99	4
5 Kym Miller	M ENFIELD HARRIERS	61.91	4

**M13&U 800 Metre Run**

Name	Age Team	Finals	H#
1 Nicholas Dallimore	M FLINDERS	2:28.06	2

**M14-15 800 Metre Run**

Name	Age Team	Finals	H#
2 Shankar Hogg	M SAINTS	2:26.26	2

**M16-17 800 Metre Run**

Name	Age Team	Finals	H#
1 Jordan Hewitt	M FLINDERS	1:53.74	1

2	Chan Mayol	M WESTERN DISTRICT	1:59.80	1
3	Aidan Norbury	M FLINDERS	2:02.07	1
4	Lachlan Bateman	M FLINDERS	2:03.58	1
5	Fraser Huggett	M WESTERN DISTRICT	2:13.82	1
6	Dillon Moss	M PEMBROKE	2:21.20	2

#### M18-34 800 Metre Run

Name	Age	Team	Finals	H#
1 Sam Russell		M SALISBURY	1:58.17	1
2 Daniel Jervis-Bardy		M PEMBROKE	1:59.19	1
3 Ryan Hage		M ADELAIDE HARRIERS	2:01.64	1
4 Elliot Ben		M UNITED COLLEGIANS	2:02.73	1
5 Alex Haydon		M SALISBURY	2:14.84	2
6 Thomas Martin		M WESTERN DISTRICT	3:18.43	2

#### M35+ 800 Metre Run

Name	Age	Team	Finals	H#
1 Chris Lauder		M SAINTS	2:20.32	2
2 Kym Miller		M ENFIELD HARRIERS	3:16.95	2

#### M13&U 1500 Metre Run

Name	Age	Team	Finals
1 Nicholas Dallimore		M FLINDERS	5:04.84
2 Aidan Ross		M FLINDERS	5:10.44
3 Jared McDougall		M SOUTHERN	5:19.96
4 Edward Shepherdson		M ADELAIDE HARRIERS	5:25.65

#### M14-15 1500 Metre Run

Name	Age	Team	Finals
1 Matthew Gluyas		M HILLS DISTRICT	4:17.13
2 Cameron Clohesy		M FLINDERS	4:18.86
3 Daniel Pring		M SALISBURY	4:59.94

#### M18-34 1500 Metre Run

Name	Age	Team	Finals
1 Michael Heron		M SAINTS	4:00.69
2 Peter Hyde		M SAINTS	4:08.99
3 Ben Cartwright		M HILLS DISTRICT	4:15.16
4 Nathan Rout		M SALISBURY	4:42.90
5 Tommy Matoga		M SAINTS	4:46.29

#### M13&U 5000 Metre Run

Name	Age	Team	Finals
1 Daniel Bourke		M ADELAIDE HARRIERS	18:01.13

#### M16-17 5000 Metre Run

Name	Age	Team	Finals
1 Tim Spehr		M ATHLETICS SA	16:08.55
-- Jack White		M ENFIELD HARRIERS	DNF

#### M18-34 5000 Metre Run

Name	Age	Team	Finals
1 Jacob Cocks		M FLINDERS	15:16.73

2 Max Stevens	M HILLS DISTRICT	15:42.07
3 Matthew Ferber	M FLINDERS	15:42.39
4 Ryan Grieger	M ENFIELD HARRIERS	15:42.66

### M35+ 5000 Metre Run

Name	Age Team	Finals
1 Adam Zur Eich	M ENFIELD HARRIERS	17:48.51
2 Matt Evans	M SOUTHERN	18:27.02

### M13&U 200 Long Hurdles 76cm [0H]

Name	Age Team	Finals	Wind
1 Lachlan Burrows	M FLINDERS	32.98	-4.3

### M14-15 200 Long Hurdles 76cm [0H]

Name	Age Team	Finals	Wind
1 Tomas Semmler	M ENFIELD HARRIERS	30.22	-4.3
2 Christopher Lipman	M WESTERN DISTRICT	30.90	-4.3
3 Zac Wilmshurst	M SAINTS	31.82	-4.3

### M35+ 200 Long Hurdles 76cm [0H]

Name	Age Team	Finals	Wind
1 Maurice Schievenin	M WESTERN DISTRICT	32.00	-4.3
2 Kym Miller	M ENFIELD HARRIERS	49.66	-4.3

### M16-17 400 Long Hurdles 84cm [1H]

Name	Age Team	Finals
1 Cam Rudge	M SALISBURY	59.80

### M16-17 400 Long Hurdles 91.4cm [2H]

Name	Age Team	Finals
1 Robert Broadhead	M PEMBROKE	56.68

### M18-34 400 Long Hurdles 91.4cm [2H]

Name	Age Team	Finals
1 Jack Harvey	M SAINTS	54.63
2 Connor Verrall	M WESTERN DISTRICT	58.97

### M35+ 400 Long Hurdles 84cm [1H]

Name	Age Team	Finals
1 Ali Saliu	M SOUTHERN	64.41

### M35+ 400 Long Hurdles 91.4cm [2H]

Name	Age Team	Finals
1 Kym Miller	M ENFIELD HARRIERS	1:39.92

### M16-17 1000 Sprint Medley Under 18

Team	Finals
1 SAINTS 'A'	2:18.54
3) Kofi Gyamfi 16	4)

**M18-34 1000 Sprint Medley Under 20**

Team	Finals
1 PORT ADELAIDE 'A'	2:02.22
1) Lachlan Sheffield 18	2)
3)	4) Tjimarri Sanderson-Milera 20
2 WESTERN DISTRICT 'A'	2:09.53
1)	2) Nathan Woods 19
3 SAINTS 'A'	2:15.91
1) Nikolaos Flavouris 18	2)
3) Michael Brusnahan 20	4) Frankie Schinella 18
4 ENFIELD HARRIERS 'A'	2:45.88
1)	2) Shidharth Narayan 22
3)	4) Ryan Grieger 18

**M35+ 1000 Sprint Medley Over 35**

Team	Finals
1 SAINTS 'A'	2:33.35
1) Hans van Bavel 64	2) Mostyn Kemp 35
3) Michael Eaton 52	4) Chris Lauder 36

**M14-15 High Jump**

Name	Age Team	Finals
1 Darcy Norbury	M FLINDERS	1.80m
2 Jarrad Burat	M PEMBROKE	1.70m

**...M14-15 High Jump**

3 Gabriel Auciello	M SAINTS	1.60m
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**M16-17 High Jump**

Name	Age Team	Finals
1 Cam Rudge	M SALISBURY	1.80m
2 Matthew Ward	M WESTERN DISTRICT	1.70m

**M13&U Pole Vault**

Name	Age Team	Finals
2 Harrison Evans	M SOUTHERN	2.50m
3 Alexander Butler	M TEA TREE GULLY	2.40m

**M14-15 Pole Vault**

Name	Age Team	Finals
1 Jack Stolarski	M WESTERN DISTRICT	3.20m
1 Connor Lawlor	M WESTERN DISTRICT	3.00m
2 Jarrad Burat	M PEMBROKE	3.00m
-- Jordan Kildare	M SAINTS	NH

**M16-17 Pole Vault**

Name	Age Team	Finals
1 Kurtis Marschall	M WESTERN DISTRICT	4.40m

**M18-34 Pole Vault**

Name	Age Team	Finals
1 Theophilos Toumazos	M SAINTS	4.60m
2 Tom McNamara	M ENFIELD HARRIERS	4.00m

4 Shidharth Narayan M ENFIELD HARRIERS 2.00m

### M35+ Pole Vault

Name	Age Team	Finals
4 Kym Miller	M ENFIELD HARRIERS	2.00m

### M13&U Long Jump

Name	Age Team	Finals	Wind
1 Sebastian Quaini	M PEMBROKE	5.48m	-0.9
2 Jared McDougall	M SOUTHERN	5.04m	1.3
3 Lachlan Burrows	M FLINDERS	4.73m	2.2
4 William Sellars	M SAINTS	4.20m	3.6

### M14-15 Long Jump

Name	Age Team	Finals	Wind
1 Christopher Lipman	M WESTERN DISTRICT	5.82m	2.0
2 Jack Stolarski	M WESTERN DISTRICT	5.59m	2.3
3 Zac Wilmshurst	M SAINTS	5.19m	2.0

### M16-17 Long Jump

Name	Age Team	Finals	Wind
1 Lewis Warland	M WESTERN DISTRICT	6.66m	1.1
2 Patrick Marshall	M WESTERN DISTRICT	5.89m	0.8

### M35+ Long Jump

Name	Age Team	Finals	Wind
1 Maurice Schievenin	M WESTERN DISTRICT	5.50m	3.0
2 Ali Saliu	M SOUTHERN	4.90m	1.6
3 Tim Souter	M SAINTS	3.93m	1.7
4 Stanley Miller	M PORT ADELAIDE	3.32m	2.8

### M16-17 Triple Jump

Name	Age Team	Finals	Wind
1 Ben Slimming	M SAINTS	12.80m	0.9
2 Oli Callahan	M WESTERN DISTRICT	12.47m	2.2
3 Matthew Ward	M WESTERN DISTRICT	12.44m	2.7
4 Patrick Marshall	M WESTERN DISTRICT	11.59m	2.6

### M18-34 Triple Jump

Name	Age Team	Finals	Wind
1 Tim McGuire	M WESTERN DISTRICT	15.07m	2.4
2 Shidharth Narayan	M ENFIELD HARRIERS	10.25m	1.9

### M35+ Triple Jump

Name	Age Team	Finals	Wind
1 Kym Miller	M ENFIELD HARRIERS	8.32m	NWI

### M13&U Shot Put Under 14-3kg

Name	Age Team	Finals
1 William Sellars	M SAINTS	9.84m

**M14-15 Shot Put Under 16-4kg**

Name	Age Team	Finals
1 Sebastian Quaini	M PEMBROKE	12.92m
2 Lachlan Burrows	M FLINDERS	9.04m

**M13&U Discus Throw Under 14-1kg**

Name	Age Team	Finals
1 Jared McDougall	M SOUTHERN	24.77m
2 Bradley Thring	M SALISBURY	16.97m

**M14-15 Discus Throw Under 16-1kg**

Name	Age Team	Finals
1 Shankar Hogg	M SAINTS	31.92m
2 Louis Britten-Jones	M UNITED COLLEGIANS	23.86m

**M16-17 Discus Throw U/18-1.5kg**

Name	Age Team	Finals
1 Lachlan Page	M PEMBROKE	52.45m
2 Sam Paech	M HILLS DISTRICT	20.21m

**M18-34 Discus Throw U/ 20-1.75kg**

Name	Age Team	Finals
1 Ben Blaschek	M SAINTS	31.66m

**M18-34 Discus Throw Open-2kg**

Name	Age Team	Finals
1 Ryan Smallwood-Simpson	M PEMBROKE	37.86m
2 Nikolaos Flabouris	M SAINTS	30.30m
3 Kym Miller	M ENFIELD HARRIERS	29.97m
4 Shidharth Narayan	M ENFIELD HARRIERS	29.44m
5 Mark Branson	M MASTERS	27.65m
6 Matthew Lovell	M SOUTHERN	23.07m

**M18-34 Hammer Throw Under 20-6kg**

Name	Age Team	Finals
1 Nikolaos Flabouris	M SAINTS	19.44m

**M18-34 Hammer Throw Open-7.26kg**

Name	Age Team	Finals
1 Matthew Lovell	M SOUTHERN	30.77m
2 Kym Miller	M ENFIELD HARRIERS	29.40m
3 Shidharth Narayan	M ENFIELD HARRIERS	28.68m

**M35+ Hammer Throw Over 35-4kg**

Name	Age Team	Finals
1 Rob Keynes	M SAINTS	38.28m
2 Tony Keynes	M SAINTS	31.32m
3 Tim Souter	M SAINTS	29.01m

**M35+ Hammer Throw Over 35-5kg**

Name	Age Team	Finals
1 Matthew Lovell	M SOUTHERN	38.46m
2 Mark Branson	M MASTERS	36.11m

**M14-15 2000 Metre Race Walk**

Name	Age Team	Finals
1 Alix Harlington	M SALISBURY	10:34.66

**M18-34 2000 Metre Race Walk**

Name	Age Team	Finals
1 Kim Mottrom	M ADELAIDE HARRIERS	8:23.36
2 Justin Hill	M ADELAIDE HARRIERS	9:07.06

**M35+ 2000 Metre Race Walk**

Name	Age Team	Finals
1 Peter Crump	M SAINTS	10:41.45
2 George White	M MASTERS	11:03.27
3 James Hoare	M PORT ADELAIDE	14:16.49

**W35+ Discus Throw**

Name	Age Team	Finals
1 Stacey Copas F52	W WESTERN DISTRICT	5.00m 60.61%