

**Pre Departure Meet - 4/06/2017****SA Athletics Stadium****Results****Mixed Shot Put 3kg**

Name	Year Team	Finals	Alternate
<b>Finals</b>			
1 Miller, Darcy	M Saints - SA	12.09m	
FOUL 11.47m	FOUL FOUL 12.09m	FOUL	
2 Thompson, Nikki	W Northern Dis	11.76m	
11.39m 11.66m 11.63m	10.78m 11.48m 11.76m		
3 Ledgard, Jasmine	W Enfield Harr	11.22m	
FOUL 11.22m 10.75m	FOUL 10.95m 10.93m		
4 May, Brittany	W Northern Dis	9.42m	
8.99m 9.12m 9.42m	9.11m 8.91m 8.23m		

**Mixed Shot Put 7.26kg**

Name	Year Team	Finals	Alternate
1 Smallwood-Simpson, Ryan	M Pembroke - SA	11.76m	
11.55m 11.38m 11.26m	11.53m 11.76m 11.60m		
2 Secomb, Mark	M Southern - SA	9.73m	
9.54m FOUL 9.26m	9.51m 9.38m 9.73m		
3 Lovell, Matthew	M Southern - SA	9.56m	
9.36m 8.92m 9.56m	9.37m 8.88m 8.68m		

**Mixed Discus Throw 1kg**

Name	Year Team	Finals	Alternate
1 Miller, Darcy	M Saints - SA	42.06m	
39.97m 39.24m 41.37m	42.06m FOUL 41.85m		
2 Barr, Sophie	W Northern Dis	32.66m	
FOUL 30.58m 32.24m	32.66m FOUL 32.63m		
3 May, Brittany	W Northern Dis	30.69m	
30.29m 30.69m FOUL	FOUL FOUL FOUL		

**Mixed Discus Throw 1.5kg**

Name	Year Team	Finals	Alternate
1 Daniel, Kirk	M Western District	51.68m	
44.99m 50.22m 47.09m	50.28m 47.92m 51.68m		
2 Lovell, Matthew	M Southern - SA	30.39m	
30.39m FOUL 27.52m	FOUL FOUL 30.39m		

**Mixed Discus Throw 2kg**

Name	Year Team	Finals	Alternate
1 Smallwood-Simpson, Ryan	M Pembroke - SA	37.24m	
37.24m 35.89m FOUL	FOUL 37.06m FOUL		
2 Secomb, Mark	M Southern - SA	32.97m	
28.48m 31.95m 31.81m	32.97m 31.96m 28.64m		

**Mixed Hammer Throw 7.26kg**

Name	Year Team	Finals	Alternate
1 Lovell, Matthew	M Southern - SA	32.06m	
FOUL FOUL FOUL	32.06m FOUL PASS		

**Mixed Hammer Throw 3kg**

Name	Year Team	Finals	Alternate
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**Pre Departure Meet - 4/06/2017****SA Athletics Stadium****Results**

1	Carlin, Jett		M Northern Dis				55.22m
	47.67m	55.22m	54.12m	FOUL	FOUL	51.78m	
2	Thompson, Nikki		W Northern Dis				45.05m
	FOUL	36.86m	44.87m	44.04m	FOUL	45.05m	
3	Ledgard, Jasmine		W Enfield Harr				45.03m
	44.99m	FOUL	39.85m	45.03m	FOUL	FOUL	
4	Mills, Jessica		W Enfield Harr				44.02m
	44.02m	FOUL	42.20m	42.80m	42.52m	FOUL	
5	Miller, Darcy		M Saints - SA				38.29m
	28.06m	31.89m	33.93m	38.29m	PASS	PASS	
6	Barr, Sophie		W Northern Dis				36.20m
	35.18m	FOUL	34.08m	35.05m	36.20m	35.88m	

**Mixed Hammer Throw 5kg**

Name	Year	Team	Finals	Alternate
1 Barr, Lachlan		M Northern Dis	47.47m	
	42.37m	40.62m	45.54m	46.14m 45.56m 47.47m

**Mixed Hammer Throw 4kg**

Name	Year	Team	Finals	Alternate
1 Larsson, Benjamin		M Northern Dis	48.67m	
	FOUL	41.85m	48.67m	FOUL FOUL 44.51m