

**Athletics SA 2016-2017 - 14/01/2017 to 30/04/2017****Adelaide Invitational 17/01/2017****SA Athletic Stadium Mile End SA****Results - Adelaide Invitational****Women 3000 Metre OPEN**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 183 Jessica Trengove		HILLS DISTRICT - SA	9:31.03	
2 18 Sinead Noonan		ADELAIDE HARRIERS - SA	9:47.92	
3 938 Charlotte Derbyshire		FLINDERS - SA	10:06.06	
4 23 Caitlin Adams		HILLS DISTRICT - SA	10:15.39	
5 371 Nora Henry		ADELAIDE HARRIERS - SA	10:15.69	
6 940 Sophia Kaidonis		ADELAIDE HARRIERS - SA	10:26.42	
7 79 Amy Marin		UNITED COLLEGIANS - SA	11:19.67	
8 870 Caitlin Abbott		ENFIELD HARRIERS - SA	11:20.14	
9 76 Elise Bennett		ENFIELD HARRIERS - SA	11:20.78	

**Women 3000 Metre U/14**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 174 Molly Cook		PORT ADELAIDE - SA	11:03.34	
2 655 Kitarni Upton		SOUTHERN - SA	12:46.83	

**Women 3000 Metre U/16**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 653 Victoria Upton		SOUTHERN - SA	11:43.40	
2 316 Hailey Siebert		PORT ADELAIDE - SA	11:55.27	
3 654 Chloe Upton		SOUTHERN - SA	13:19.14	

**Women 3000 Metre U/18**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 405 Brooke McGregor		HILLS DISTRICT - SA	10:25.41	
2 526 Charlotte Ruddenklau		WESTERN DISTRICT - SA	10:34.35	
3 477 Lucie Spurling		WESTERN DISTRICT - SA	10:45.56	
4 180 Tamika Baynes		ADELAIDE HARRIERS - SA	10:50.51	
5 179 Margo Muir		PEMBROKE - SA	11:34.76	

**Women 3000 Metre U/20**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 7 Jenna Kelley		HILLS DISTRICT - SA	10:23.58	
2 710 Sophie Morphet		PEMBROKE - SA	11:13.64	
3 784 Olivia Buchanan		HILLS DISTRICT - SA	12:03.22	

**Women 3000 Metre O/35**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 33 Lisa Davis		HILLS DISTRICT - SA	10:35.04	
2 113 Nadene Gillett		MASTERS - SA	12:09.31	
3 147 Felicity Alexander		HILLS DISTRICT - SA	14:46.23	

**Athletics SA 2016-2017 - 14/01/2017 to 30/04/2017****Adelaide Invitational 17/01/2017****SA Athletic Stadium Mile End SA****Results - Adelaide Invitational****Women 3000 Metre O/50**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 394 Sarah Dawson		ADELAIDE HARRIERS - SA	11:21.87	
2 256 Maureen Moyle		ADELAIDE HARRIERS - SA	12:25.16	
3 952 Julie Hargreaves		ADELAIDE HARRIERS - SA	13:01.53	

**Men 3000 Metre OPEN**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 44 Max Stevens		HILLS DISTRICT - SA	8:20.11	
2 29 Adrian Potter		ADELAIDE HARRIERS - SA	8:23.16	
3 913 William McCann		HILLS DISTRICT - SA	8:29.16	
4 9 Jacob Cocks		FLINDERS - SA	8:29.39	
5 769 Lachlan Scott		FLINDERS - SA	8:29.52	
--- 859 Brett Fisk		HILLS DISTRICT - SA	DNF	

**Men 3000 Metre U/14**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 102 Cael Mulholland		ADELAIDE HARRIERS - SA	10:50.18	

**Men 3000 Metre U/16**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 595 Aidan Ross		FLINDERS - SA	9:45.52	
2 175 Marco Els		HILLS DISTRICT - SA	10:02.18	
3 608 Adam Goddard		SAINTS - SA	10:02.95	
4 630 Zac Connell		SAINTS - SA	10:03.66	
5 300 Ernie Brown		WESTERN DISTRICT - SA	10:15.49	
6 204 Toby Cook		PEMBROKE - SA	10:18.37	
7 884 Blake Higgins		FLINDERS - SA	10:22.79	
8 887 Elliott Murada		UNITED COLLEGIANS - SA	10:33.66	
9 849 Will Abbott		ENFIELD HARRIERS - SA	10:48.81	

**Men 3000 Metre U/18**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 378 Isaac Heyne		PEMBROKE - SA	8:48.41	
2 457 Patrick Goodwin		FLINDERS - SA	8:59.00	
3 838 Bailey Dyer		FLINDERS - SA	9:23.76	
4 201 Dante Afnan		HILLS DISTRICT - SA	9:32.52	
--- 301 Jack Atherton		PEMBROKE - SA	DNF	

**Men 3000 Metre U/20**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 400 Harrison Bagley		TEA TREE GULLY - SA	8:59.73	
2 310 Nicklaus Blum		WESTERN DISTRICT - SA	9:05.62	
3 430 Maxwell Spurling		HILLS DISTRICT - SA	9:07.81	
4 86 Kieren Shepherdson		HILLS DISTRICT - SA	9:14.17	

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Name	Age	Team	Finals	Points
5 69 Matthew Gluyas		HILLS DISTRICT - SA	9:21.39	
6 141 Jack Hunter		HILLS DISTRICT - SA	9:34.32	
--- 745 Cameron Clohesy		FLINDERS - SA	DNF	

**Men 3000 Metre O/35**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 161 Bryn Nicholls		ADELAIDE HARRIERS - SA	8:58.68	
2 121 Paul Mulholland		ADELAIDE HARRIERS - SA	9:07.03	
3 187 Matthew Fenech		HILLS DISTRICT - SA	9:53.06	
4 774 Bennett Maxwell		HILLS DISTRICT - SA	9:57.90	
5 937 Cristian Izzini		ADELAIDE HARRIERS - SA	10:07.01	
6 407 Adam Zur Eich		ENFIELD HARRIERS - SA	10:29.88	

**Men 3000 Metre O/50**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 404 Shane McGregor		HILLS DISTRICT - SA	9:53.73	
2 931 Michael Cocks		FLINDERS - SA	10:07.01	
3 788 Paul Sideris		HILLS DISTRICT - SA	12:09.72	

**Men 3000 Metre IPC OPEN**

Name	Age	Team	Finals	Points
<b>Section 1</b>				
1 37 Timon Sideris T/F20		HILLS DISTRICT - SA	10:42.31	