

Athletics SA 2015-2016 - 1/01/2016 to 31/03/2016
State 3km Championships 2016
SA Athletics Stadium
Results

Event 2 Men 13 & Under 3000 Meter Run Under 14

Name	Age Team	Seed	Finals
Section 1			
1 Ross, Aidan	Flinders - SA		10:02.47
2 Connell, Zac	Adelaide Har		10:45.75

Event 3 Women 14-15 3000 Meter Run Under 16

Name	Age Team	Seed	Finals
1 Derbyshire, Charlotte	Flinders - SA		10:11.70
2 spurling, lucie	Western Dist		10:40.40
3 Ruddenklau, Charlotte	Western Dist		10:51.21

Event 4 Men 14-15 3000 Meter Run Under 16

Name	Age Team	Seed	Finals
1 Tierney, Sam	Hills Distri		9:15.62
2 Afnan, Dante	Hills Distri		9:58.92

Event 5 Women 16-17 3000 Meter Run Under 18

Name	Age Team	Seed	Finals
1 Davies, Fern	Flinders - SA		10:29.09
2 McGregor, Brooke	Hills Distri		10:45.35
3 Kumilgo, Rama	Papua New Guinea		11:27.40

Event 6 Men 16-17 3000 Meter Run Under 18

Name	Age Team	Seed	Finals
1 Heyne, Isaac	Pembroke - SA		8:59.11
2 Goodwin, Patrick	Flinders - SA		9:26.26
3 Spurling, Max	Hills Distri		9:43.96
4 Hunter, Jack	Port Adelaide - SA		10:13.35
5 Bourke, Daniel	Adelaide Har		10:44.58

Event 7 Women 18-19 3000 Meter Run Under 20

Name	Age Team	Seed	Finals
1 Adams, Caitlin	Hills Distri		10:14.77
2 Macfarlane, Montana	SA Officials		11:03.42
3 Bennett, Elise	Enfield Harr		11:24.03
4 Albert, Jenny	Papua New Guinea		11:56.98

Event 8 Men 18-19 3000 Meter Run Under 20

Name	Age Team	Seed	Finals
1 Tierney, Jack	Hills Distri		9:05.80

Event 9 Women 20-34 3000 Meter Run Open

Name	Age Team	Seed	Finals
1 Eckel, Sophie	Hills Distri		9:52.36
2 Hines, Brooke	Saints - SA		10:13.39

Event 10 Men 20-34 3000 Meter Run Open

Name	Age Team	Seed	Finals
1 Jones, Rhys	Adelaide Har		8:21.31
2 Canala, Daniel	Hills Distri		8:32.83
3 Cocks, Jacob	Flinders - SA		8:33.93
4 Scott, Lachlan	Flinders - SA		8:47.59
5 Potter, Adrian	Adelaide Har		8:51.20
6 Morgan, Paul	United Colle		8:55.39
7 Evanson, Steven	Flinders - SA		9:35.87
8 Ben, Elliot	United Colle		9:49.87
9 Rout, Nathan	Salisbury - SA		9:52.18
10 Matoga, Tommy	Saints - SA		10:17.14

Event 11 Women 35-99 3000 Meter Run Over 35

Name	Age Team	Seed	Finals
1 Davis, Lisa	Hills Distri		10:39.40

Event 12 Men 35-99 3000 Meter Run Over 35

Name	Age Team	Seed	Finals
1 Fenech, Matthew	Hills Distri		9:11.23
2 McGregor, Shane	Hills Distri		9:51.55
3 Cocks, Michael	Flinders - SA		10:09.59
4 Zur Eich, Adam	Enfield Harr		10:21.16
5 Kemp, Mostyn	Saints - SA		10:59.47