



GOLDEN NORTH 2018 Schools Challenge Competition Rules

Except where otherwise stated this event will be conducted under the current Competition Rules as set out by the International Association of Athletics Federation (IAAF).

For full outline of the competition rules please click the following link: [IAAF Competition Rules 2016-17](#)

Team Entries

All schools are required to submit a team entries sheet, for each team, to the functions room with the list of athletes, their DOB and expected events a minimum of 45 minutes before the first event.

Athletes who are not listed on these time sheets will be disqualified from the event and will receive 0 points for the team.

Uniform

During this competition athletes are representing their school, therefore are required to wear their school sports uniform or schools athletics uniform.

Should a school not have a sport uniform athletes are required to wear a plain singlet/shirt and shorts preferably in their schools colours.

All team members must have the same uniform.

Check In

Check in will be located in the function room.

All athletes must check in a minimum 45 minutes before their event. If athletes do not check in they will receive 0 points for their team.

All athletes must write their name on the registration form of the event they are competing in and HIGHLIGHT their name and school.

Once they have checked in, they can warm up and report to their event 5 minutes before the scheduled time.

Scratching

If a school is unable to fill a position they must scratch their event.

To scratch from an event a school teacher / team coordinator or coach must put a line through the name of the athlete and school with a pen on the registration form.

Should a school not scratch from an event the team will have 50 points deducted from their final score



Clashes

If an athlete has multiple events on at the same time (clash), the athlete is required to check in and identify themselves to the Event Recorder of all 'clashing' field events to receive permission to come back.

When the athlete reports back to an event, before its completion, they can then undertake their remaining trials with time permitting. If the competition has ended before the athlete returns, the athlete is not eligible for any additional trials at that time.

Please note: Track events take priority over field events.

Warm Up and Cool Down

No warm up and cool downs will be allowed on the main track.

Please use the warm up area at the back of the stadium. (Signs will be displayed to lead you to warm up area.)

Track Rules

Athletes should report to the Starter's Assistants 5 minutes prior to the start of the first heat of the track event for which they have nominated.

Athletes are encouraged to use starting blocks but it is not compulsory.

For all races any athlete who false starts shall be disqualified.

Track warm up and cool downs will not be permitted on the main track. Athletes must use the warm up area at the back of the stadium. (Signs will be displayed to lead you to warm up area)

Field Rules

Athletes should report to the event site 5 minutes prior to the advertised starting time.

Where possible, officials will be present at event sites to permit athletes to begin warming up 10 minutes prior to the advertised starting time of their event. Athletes are not permitted to Warm Up on the competition field unless an official is present.

Shot Put - 3 attempts per athlete. Distance ranked from longest to shortest with points awarded for all teams

Javelin - 3 attempts per athlete. The first 3 for distance, attempt 4 for accuracy to land the javelin within the target vector. 10 Bonus points awarded for each throw landing within the sector. Bonus points are added once Event points finalised.

High Jump - 3 jump heights only in the competition. Athletes nominate before competition starts. Select a range of up to 6 heights; - eg 1.45,1.50,1.60;1.70;1.85;2.00. 3 attempts at each height athlete has nominated prior to competition. Countbacks included to separate placings.



Long Jump - 3 attempts per athlete. First two jumps are for distance. 3rd attempt each athlete nominates either 'distance or bonus'. If DISTANCE, then this result will be counted in athlete's best jumps. If BONUS, athlete nominates a distance they will jump and if within 10cm either way receive 10 BONUS points which will added once distances are ranked from longest and event points awarded.

NB - no fouls on jump 3. Athlete must have a part of their take off foot on or behind the board. Jump measured from usual position irrespective of where take off. Bonus points are then added to the Event result.

Anyone who wishes to use their own implements must report to the Technical Manager 90 minutes prior to the advertised starting time of their event for the implement to be certified. Competitors are advised that all other throwers are allowed to use that implement, when in competition

Officials

Each school entering the competition must supply THREE or more working officials for the day. These officials will be required to assist an Athletics SA official at an event. A nominated official can be a teacher, parent or responsible senior student. No previous experience is required.

All officials must arrive by 9:00am and meet in the board room for sign in, briefing and allocation of roles.

Schools that do not have three officials sign in will be disqualified from the event.

Points - How Points are scored to determine result

Scoring is now based on finishing position instead of performance. Points will be allocated depending on the number of teams (ie. the more teams in the competition, the higher the points available. First place will receive 20 more points than second and there will then be a 10 point difference from 2nd to 3rd and so forth.

Presentations

Medals will be awarded to first, second and third placed teams will be presented after the event.

We ask that you have one representative come forward to collect the medals for your team. First and second place teams will automatically qualify for the national final in Adelaide. You will receive a package with information about the competition when you are presented your medals.